

ID Care
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SIX ID CARE PHYSICIANS NAMED "TOP DOCS" BY NJ MONTHLY

HILLSBOROUGH, NJ ó Six physicians practicing at ID Care have been named as "Top Docs" for 2008 in the Infectious Disease category by *NJ Monthly* magazine. The determination is made based on an independent survey of New Jersey-based physicians.

Those earning the recognition by their peers in the state's most influential lifestyle publication are Dr. Donald T. Allegra, MD, FACP, FIDSA; Dr. David J. Herman, MD, FACP; Dr. Joseph Kim, MD; Dr. Edward J. McManus, MD, FACP; Dr. Ronald G. Nahass, MD, FACP, FIDSA; and Dr. Stephen J. Williams, MD. They have been selected as six of the top physicians in the field of Infectious Disease. This is the sixth such recognition for Dr. Nahass, the third for Drs. Allegra, Herman, and McManus the second honor for Dr. Williams and the initial recognition of Dr. Kim.

NJ Monthly annually researches all of the medical professionals in the state and has determined the "Top Doctors" practicing in 57 medical categories. The research is done by an independent survey firm working with the Polling Institute at Monmouth University in West Long Branch. A total of 20,254 doctors were invited to submit their recommendations and 2,909 licensed physicians who have practiced for more than five years determined the final "Top Docs."

BIOGRAPHICAL DATA ON TOP DOCS

Donald T. Allegra MD, FACP, FIDSA, graduated magna cum laude from Holy Cross in 1970, and earned his medical degree from Harvard Medical School in 1974. He completed his internal medicine residency at the University of Colorado in 1978. He did an additional year of medical training in New Zealand and Australia during his residency.

Dr. Allegra was board certified in Internal Medicine in 1978 and in Infectious Diseases 1982. He is one of the few physicians nationally to achieve certification in Tropical Medicine and Travelers' Health. He is a consultant physician at St. Clare's Hospital in Denville and Dover, Hackettstown Community Hospital, Morristown Memorial Hospital, and the Kessler Institute for Rehabilitation-Welkind Campus. Dr. Allegra is a former Chief of Medicine at St. Clare's Hospital.

Dr. Allegra was elected a fellow of the American College of Physicians and is a member of the Infectious Diseases Society of America, Infectious Diseases Society of New Jersey, the New Jersey State Medical Society, the Morris County Medical Society, the American Society of Tropical Medicine and Hygiene, and the International Society of Travel Medicine. In November, 2003, Dr. Allegra received the first Mufson Physician Humanitarian Award for his compassion, commitment to continuing education, clinical competence, and the respect of his peers.

David J. Herman, MD, FACP, graduated cum laude from the University of Pennsylvania in 1981, and earned his medical degree at the University of Missouri-Columbia in 1985. He completed an internal medicine residency in 1988 at Northwestern University in Chicago, Illinois and his infectious diseases fellowship at the University of Minnesota in 1991.

Dr. Herman was board certified in internal medicine in 1988 and infectious diseases in 1990, earning recertification in infectious diseases in 2000. He has been in the private practice of infectious diseases since 1991.

New York Magazine named Dr. Herman to their list of "The Best Doctors in New York" in 2000. Castle Connolly Medical, Ltd., has included Dr. Herman in their list of "Top Doctors in the New York Metro Area" annually since 1999.

He is the Chief of Infectious Diseases at the University Medical Center at Princeton and a Clinical Assistant Professor in the Department of Medicine at UMDNJ-Robert Wood Johnson Medical School. He is an attending physician at the University Medical Center at Princeton, Robert Wood Johnson University Hospital, St. Peter's University Hospital, and Somerset Medical Center.

The American College of Physicians has advanced Dr. Herman to fellowship. Dr. Herman is a member of both the Infectious Diseases Society of America and the Infectious Diseases Society of New Jersey. The American Medical Association has awarded him the Physician's Recognition Award for Continuing Medical Education with a special commendation for self-directed learning effective from 2006-2009.

Joseph Kim, MD graduated from UMDNJ-Robert Wood Johnson Medical School. He completed his Internal Medicine residency at UMDNJ-Robert Wood Johnson University Hospital followed by his fellowship in Infectious Diseases at Memorial Sloan Kettering Cancer Center.

During the period of his education, Dr. Kim was the instructor and proctor for a physical diagnosis course at Robert Wood Johnson Medical Center and a minority scholars tutor and student government representative at Haverford College.

Dr. Kim is a member of the Infectious Diseases Society of America. He was Board Certified in Internal medicine in 2002, and Board Certified in Infectious Diseases in 2004. He is presently on staff at Morristown Memorial Hospital, Saint Clare's Hospital, Hackettstown Community Hospital, and Newton Memorial Hospitals.

Edward J. McManus, MD, FACP, graduated with honors from Johns Hopkins University in 1978, and earned his medical degree at the University of Medicine and Dentistry-New Jersey Medical School in 1982. He completed his internal medicine residency training at the University of Wisconsin Hospital in Madison, WI in 1985 and was selected as Chief Medical Resident the following year.

He served as a clinical fellow at the National Institutes of Health in the National Institute of Allergy and Infectious Diseases from 1986 through 1989. He has been an Infectious Diseases consultant in private practice since 1989.

Dr. McManus was board certified in Internal Medicine in 1985 and Infectious Diseases in 1988. He is a consulting physician at St. Clare's Hospital in Denville and Dover, Hackettstown Community Hospital, Newton Memorial Hospital, Morristown Memorial Hospital, Kessler Institute for Rehabilitation-Welkind campus, and Somerset Medical Center. He is a former Chief of Medicine at St. Clare's Hospital.

Dr. McManus was elected a fellow of the American College of Physicians and is a member of the Infectious Disease Society of America, the Infectious Disease Society of New Jersey, the Society of Hospital Epidemiologists of America, and the International Society of Travel Medicine.

Ronald G. Nahass, MD, FACP, FIDSA, graduated cum laude from Rensselaer Polytechnic Institute in 1979, and earned his medical degree at the University of Medicine and Dentistry of New Jersey-The Robert Wood Johnson Medical School (RWJMS) in 1982. He completed an internal medicine residency at the Robert Wood Johnson University Hospital (RWJUH) in 1985 and was selected Chief Medical Resident the following year.

Upon the completion of his infectious diseases fellowship at RWJUH in 1988, Dr. Nahass joined the faculty of RWJMS. He began private practice of infectious diseases in January 1990. Dr. Nahass was board certified in

Internal Medicine in 1985 and Infectious Diseases in 1988. He received special certification by the American Academy of HIV medicine as an HIV specialist in 2004. He completed the Advanced Special Certification in Hepatitis B in 2006.

He is a past President of the Medical Staff and is the Hospital Epidemiologist at Somerset Medical Center. He is a Clinical Professor of Medicine at the RWJMS. He is an attending physician at Somerset Medical Center, Saint Peter's University Hospital, RWJUH, the University Medical Center at Princeton, and Morristown Memorial Hospital.

Dr. Nahass was elected a Fellow of the American College of Physicians, the Infectious Diseases Society of America, and the Society for Healthcare Epidemiology of America. He is also a member of the International Society of Travel Medicine, the American Medical Association, the Medical Society of New Jersey, the NJ Infectious Diseases Society, and the International AIDS Society. He has been awarded the American Medical Association's Physician Recognition Award for Continuing Medical Education with a special commendation for self directed learning.

He was named "Top Doctor in NJ" by the Castle, Connolly, Guide to Medical Professionals annually since 1997. He was also named one of the "Best Doctors in America" by Best Doctors. He is a frequent lecturer on various infectious disease topics including HIV, hepatitis, bioterrorism, and sexually transmitted diseases. He has extensive clinical research experience in HIV and AIDS.

Steve Williams, MD received his undergraduate degree and his medical school training from the University of Missouri-Columbia. While in medical school, he received numerous awards and scholarships for academic and personal achievement and graduated magna cum laude in 1998.

Dr. Williams furthered his training in Internal Medicine at Vanderbilt University Medical Center in Nashville, TN. He was Chief Resident in Internal Medicine from 2001-2002 and completed his fellowship in Infectious Disease at Vanderbilt in 2004. He is board certified both in Internal Medicine (2002) and Infectious Disease (2004).

Currently, he is on staff at Morristown Memorial Hospital, St. Clare's Hospital in Denville/Dover, Hackettstown Community Hospital, and Newton Memorial Hospital. He is a member of the Infectious Disease Society of America, the HIV Medical Association, the American College of Physicians, and the New Jersey Tuberculosis Medical Advisory Board.

BACKGROUND

I.D. CARE is the most comprehensive group of Infectious Disease specialists in the State of New Jersey and the second largest of its kind in the country, with 17 physicians Board Certified in Internal Medicine, and 14 Board Certified and one Board Eligible in Infectious Diseases. The practice has four outpatient locations in Hillsborough, Somerset, Randolph, and Cedar Knolls, New Jersey with medical staff participation in ten hospitals in seven New Jersey counties.

I.D. CARE provides management and care of patients with all kinds of infection including sepsis, Lyme Disease, Cellulitis, Hepatitis, HIV, Chronic Fatigue Syndrome, post-surgical infections, slow healing wounds, fever, etc. The TravelMed division provides comprehensive travel medicine including medical consultation, vaccinations, precautionary advice, and healthcare supplies for international travelers

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